

## MVUB Jubiläumspreis, Dezember 2024

### Mark Siegrist, Lab Technician

[About us: Mark Siegrist - Department for BioMedical Research \(DBMR\)](#)

### Nominierungstext

I am writing to nominate Mark Siegrist, Lab Technician in the Department of BioMedical Research (DBMR), for his outstanding contributions and unwavering dedication. Mark plays an integral role not only within Döring's Lab but also across the entire Cardiovascular Research Cluster.

Mark's exceptional work goes far beyond his technical duties. He consistently supports principal investigators, postdoctoral researchers, and PhD students, offering his expertise and guidance to everyone in need. His commitment is not confined to his lab; he extends his support across the cardiovascular department, always finding time to assist colleagues whenever they require help.

In addition to his technical contributions, Mark plays a crucial role in training new users on specialized equipment and ensuring proper operation and maintenance. His attention to detail and care for the department's resources are deeply valued, especially when others may not have the experience to manage these systems correctly.

Mark is beloved by all who work with him. He is known for his kindness, patience, and willingness to go the extra mile. He has made a significant difference in fostering a collaborative, supportive environment, and his efforts have greatly enhanced the team's productivity and cohesiveness.

For these reasons, I believe Mark Siegrist is highly deserving of this recognition.

